



INCORPORATING CONCEPTUAL UNDERSTANDING  
IN THE LESSON PLAN

AKIKIBOFORI, Jacob Sunday  
Rivers State Senior Secondary Schools Board  
Port Harcourt, Nigeria.

ABSTRACT

The purpose of this study was to enhance the conceptual understanding of teacher candidates and in turn help to develop their understanding of the learning process. This was accomplished by presenting the candidates with ideas concerning conceptual learning in a way that facilitated more meaning, learning and higher-level thinking. From survey analysis and evaluation of course projects, this method seems to achieve the goal of breaking down the cognitive barriers and allowing teacher candidates to conceptualize the difference between instruction that focuses on skills and instruction that focuses on conceptual understanding.

*Keywords:* Lesson Plan, Teaching, Education, Skills.

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