



A DISCOURSE ON THE THEOLOGY OF HEALTH OF WOMEN IN DELTA STATE:
THE BIBLICAL IMPACT ON BREAST SELF EXAMINATION

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ABSTRACT

The goal of this study is to explore the biblical understanding of health theology in 3 John 1:2 in relation to women's health in the church. The aim of the study was to examine how the church sees the practice of breast self-examination, to find out whether church women practice BSE and to also ascertain the inhibiting factors against the practice of BSE in Effurun. A representative sample of 240 females from different churches in Effurun metropolis of Uvwie Local Government Area of Delta State, Nigeria was randomly selected. The study revealed that many church women are ignorant of self breast examination. It also revealed that the church is not doing enough emphasis on breast cancer and its prevention as it relates to breast self-examination among church women. Out of 240 respondents 44% representing 105 church women in Effurun opine that the church is silent about the practice of breast self examination. The bible portion which was explored also revealed that the physical and spiritual health of the Christian is expected to prosper.

Keywords: Theology, Health, Woman, Church, Breast Self Examination