COUNSELLING AND NATION BUILDING IN NIGERIA:
THE PAST, CURRENT STATUS, CHALLENGES AND THE FUTURE

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ABSTRACT

This paper traces the history of Guidance and Counselling in Nigeria, the current status, challenges and the prospects for the future. Specifically, the paper describes how modern counseling has assisted in the development of the nation in the areas of mental health, education and conflict resolutions. The paper also identifies some of the challenges hindering the advancement of counseling as an agent of national development and then proffers solutions such as the training of more counsellors for in and out of school counseling with a view to enhancing quality living to withstand the obstacles militating against 21st century development in Nigeria.

Keywords: Counseling Services, Quality Education, Nation Building